

Dusty's passion is teaching fly casting and shallow-water fly fishing. He has fly fished for fresh or saltwater species in much of the US, Belize, Mexico, the Bahamas, and Canada. He has guided in Alaska, New Mexico and Colorado. He is a senior instructor for Ascension Bay Bonefish Club in Mexico and for Boca Grande Outfitters in southwest Florida. He has been a featured presenter of fly casting demonstrations at numerous fishing shows and has appeared on OLN's Fishing Across America and NBC's Today Show.

Dusty is a FFF Master Certified Instructor, a Contributing Editor for Florida Fly Fishing Magazine and a member of Scientific Angler's Pro Staff.



The **Federation of Fly Fishers** (FFF) is an international, non-profit organization promoting all aspects of fly fishing. The FFF has worked since the 1960s to educate fly fishers, restore and enhance habitat, and promote fly fishing for all fish in all waters. See the following websites: www.fffflorida.org andwww.fedflyfishers.org.

The **Charlotte Harbor Fly Fishers** and **Mangrove Coast Fly Fishers** are local clubs, established to advance the knowledge, skills, and enjoyment of saltwater fly fishing.

FLY CASTING INSTRUCTION

Dusty Sprague

941-468-1467 dsprague01@comcast.net



Introduction

Casting skill is the most important tool the fly fisherman can possess! If you can't get the fly to the fish you can't catch it!

The sessions described here progress from basic to advanced fly casting and are grounded in the fundamental casting and teaching principles of our nation's leading casting instructors.

Basic Fly Casting is designed for those new to the sport. This clinic provides an introduction to fly casting and shallow-water fly fishing in the saltwater environment.

Intermediate-Advanced Fly Casting is designed to expand casting knowledge and skills, particularly for the saltwater environment — heavier lines and rods, dealing with wind, moving fish, moving boat, longer distances, and casting quickly, while maintaining control.

<u>Cost is \$75</u> for a one hour session for one or two people.

<u>By appointment</u> — we will determine a mutually agreeable date, time and place to meet.



Fly Casting

Students will learn the basics of modern fly casting and be introduced to fly fishing in saltwater:

Fundamentals of Fly Casting

The casting stroke

The casting loop

Principles and Variables in casting

<u>Casting Styles and Body Mechanics</u>

Stance, grip and body movements

Advantages and Disadvantages

- Basic Casts and Line-Hand Uses
 - The Overhead Cast and False Casting
 - Control is the name of the game
 - Dealing with wind
 - Casting a longer line
- <u>Shallow-Water Fishing Tips for</u>
 <u>Success</u>
 - Choose the right equipment
 - Be stealthy be quiet, observant, and ready
 - Get the fly to the fish quickly, but don't hurry the cast

Stay in control

Intermediate-Advanced Fly Casting

Students will learn advanced skills for improving casting in the saltwater environment:

<u>Analysis of present casting skills</u> — <u>correction of faults, if needed</u>

Improving-expanding casting skills:

- Matching equipment to the fish and conditions - Flies, leaders, lines, rods, and reels
- Accuracy and speed more important than distance
- Casting longer distances gives you more opportunities

Power application

Stroke and arc length

Timing

Trajectory

Loop control

Carrying more line

The double haul

Drift

Shooting Line

• Dealing with winds